

April 2026 WRAAA MENU



Monday	Tuesday	Wednesday	Thursday	Friday
<p>Choice of 1% Milk or Buttermilk, or Calcium fortified Juice</p> <p>*=Take Temperature of Milk and all food proceeded by an asterisk</p>	<p>Menu Approved By: <i>Ann Stabbeber MS, RDN, LD</i></p>	<p>1</p> <p>*Meatballs 3-1 oz * W.G. Spaghetti ½ c w/ Sce 2 oz *California Blend ½ c *Spinach ½ c /1 Lemon PC Whole Grain White Apricots ½ c</p> <p>ALT = CF T</p>	<p>2</p> <p>*Roasted Pork Loin 3 oz. *Sweet Potatoes ½ c *Broccoli ½ c W.G. Biscuit 2 oz Fresh Grapes 1 c</p> <p>ALT = CBG TR</p>	<p>3</p> <p>2-2 oz. *Stuffed Shells *w/Sauce 2 oz *Antigua Blend ½ c *Lima Beans ½ c 2 Whole Grain Wheat Orange</p> <p>ALT = CF RB</p>
<p>6</p> <p>*Chicken Stew 8 oz *California Blend 1/2 c Whole Grain Dinner Roll 2 oz Margarine 1 PC Apple Juice ½ c Mixed Fruit ½ c</p> <p>ALT = CS RB</p>	<p>7</p> <p>*Hamburger 3 oz Mustard & Ketchup 1 PC each *Baked Beans ½ c *Seasoned Potato Wedges ½ c Whole Grain Bun Orange</p> <p>ALT = CBG T</p>	<p>8</p> <p>*Lemon Piccata Chicken 3 oz *Brown Rice½ c, Sauce 2 oz *Bermuda Blend ½ c *Carrots ½ c Whole Grain White Mandarin Oranges ½ c</p> <p>ALT = CF RB</p>	<p>9</p> <p>*Salisbury Steak 3 oz *Gravy 2 oz *Mashed Potatoes ½ c *Succotash ½ c 2 Whole Wheat Bread Banana</p> <p>ALT = CBG T</p>	<p>10</p> <p>*Vegetable Lasagna 6 oz. *Carrots ½ c *Green Peas ½ c Whole Grain Wheat Pineapple Chunks ½ c Cereal Bar 1 oz</p> <p>ALT=CF TR</p>
<p>13</p> <p>*Stuffed Cabbage 6 oz *w/ Sauce 2 oz *Mashed Potatoes ½ c *Green Peas ½ c Whole Grain Dinner Roll 2 oz Pears ½ c</p> <p>ALT = CS TR</p>	<p>14</p> <p>*Chicken Stuffed with Broccoli 6oz *Mashed Potatoes ½ c *Harvard Beets ½ c Whole Grain Wheat Whole Grain Vanilla Wafers 1 oz Peaches ½ c</p> <p>ALT = CBG RB</p>	<p>15</p> <p>*Meatballs 3-1 oz W.G. Hoagie Roll 2 oz Marinara 2 oz *California Blend ½ c Cranberry juice ½ c Orange</p> <p>ALT = CF T</p>	<p>16</p> <p>*BBQ Chicken Breast 3 oz *Macaroni and Cheese ½ c *Red Cabbage ½ c *Green Beans ½ c W.G. Corn Muffin 1 oz Peaches ½ c</p> <p>ALT = CBG RB</p>	<p>17</p> <p>*Breaded Fish 4 oz Tartar Sc 1 PC *Brown Rice ½ c *Kyoto Blend ½ c, Peas ½ c W.G. Wheat Applesauce ½ c</p> <p>ALT = CF TR</p>
<p>20</p> <p>*Chicken Patty 3 oz Mayo 1 PC *Broccoli ½ c *Corn ½ c Whole Grain Bun 2 oz Pears ½ c</p> <p>ALT = CS TR</p>	<p>21</p> <p>*Beef Meatloaf 3 oz *Gravy 2 oz *Mashed Potatoes ½ c *Mixed Vegetables ½ c Whole Grain Dinner Roll 2 oz Pineapple Chunks ½ c</p> <p>ALT=CBG TR</p>	<p>22</p> <p>*Chicken Stir Fry 3 oz *Brown Rice ½ c *Oriental Blend ½ c *Carrots ½ c Vanilla Wafers 1 oz Banana</p> <p>ALT = CF RB</p>	<p>23</p> <p>*Pork Patty 3 oz Barbeque sauce 1 PC *Cheesy Potatoes ½ c *Harvard Beets ½ c Whole Grain Bun 2 oz Applesauce ½ c</p> <p>ATL = CBG TR</p>	<p>24</p> <p>*3 oz Corned Beef Mustard 1 PC *Cabbage and Carrots ½ c *Roasted Red Potatoes ½ c 2 W.G. Rye Fresh Grapes 1 c</p> <p>ALT=CF T</p>
<p>27</p> <p>*Chicken Alfredo 3 oz *Sauce 2 oz/ *Noodles ½ c *Broccoli ½ c *Cauliflower ½ c Whole Grain Wheat Peaches ½ c</p> <p>ALT = CS RB</p>	<p>28</p> <p>*Sloppy Joe 3 oz. *Sweet Potatoes ½ c *Corn ½ c Whole Grain Bun 2 oz Fruit Cocktail ½ c</p> <p>ALT = CBG T</p>	<p>29</p> <p>*Stuffed Peppers 6 oz w/Tomato Sauce 2 oz *Mashed Potatoes ½ c *Green Peas ½ c 2 Whole Wheat Bread Orange</p> <p>ALT =CF TR</p>	<p>30</p> <p>*Roasted Turkey 3 oz *Mashed potatoes ½ c w gravy *Green Beans ½ c W.G. Dinner Roll 2 oz Pears ½ c</p> <p>ALT = CBG RB</p>	

Western Reserve Area Agency on Aging - 2026

Default Alternate Menu choices are shown at the bottom of each daily menu: "T" = Tuna, "TR" = Turkey, "RB" = Roast Beef, "V" = Cheese
ALT CS=Chicken Salad w/Croissant, ALT CBG = Spring Lettuce Salad w/Chicken Breast, ALT CF = Chef Salad W Lettuce, Ham, Egg, Cheese