

JUNE 2026 WRAAA MENU



Monday	Tuesday	Wednesday	Thursday	Friday
<p>1</p> <p>*Meatballs 3-1 oz W.G. Sub Roll 2 oz, Marinara Sauce 2 oz *California Blend ½ c Roasted Potato Wedges ½ c Banana</p> <p>ALT = CS TR</p>	<p>2</p> <p>*Chicken stuffed w/ Broccoli 6 oz. *Green Beans ½ c *Carrots ½ c Whole Grain Dinner Roll 2 oz Apricots ½ c</p> <p>ALT = CBG RB</p>	<p>3</p> <p>*Stuffed Cabbage 6 oz *w/Sauce 2 oz *Mashed Potatoes ½ c *Mixed Vegetables ½ c Whole Grain Dinner Roll 2 oz Applesauce ½ c</p> <p>ALT = CF T</p>	<p>4</p> <p>*Sliced Ham 3 oz w. Pineapple Glaze *Cheesy Potatoes ½ c *Harvard Beets ½ c 2 Whole Grain Wheat Fresh Grapes 1 c</p> <p>ALT = CBG TR</p>	<p>5</p> <p>*Roasted Turkey 3 oz *Mashed potatoes ½ c w gravy *Green Beans ½ c W.G. Dinner Roll 2 oz Pears ½ c</p> <p>ALT = CF RB</p>
<p>8</p> <p>*Hamburger 3 oz Mustard & Ketchup 1 PC ea. *Baked Beans ½ c *Seasoned Potato Wedges ½ c W.G. Hamburger Bun 2 oz Mandarin Oranges ½ c</p> <p>ALT = CS TR</p>	<p>9</p> <p>*Tomato Basil Chicken 3 oz. w / Sauce 2 oz, W.G. Pasta ½ c. *Spinach ½ c, Lemon Jc. 1 PC *Capri Blend ½ c Whole Grain Wheat Sliced Pears ½ c</p> <p>ALT = CBG RB</p>	<p>10</p> <p>*Stuffed Peppers 6 oz w/Tomato Sauce 2 oz *Mashed Potatoes ½ c *Green Peas ½ c Whole Grain Wheat Whole Grain Cereal Bar 1 oz Applesauce ½ c</p> <p>ALT = CF T</p>	<p>11</p> <p>*Breaded Fish 4 oz w Tartar Sc 1 PC American cheese 1 slice Coleslaw ½ c *Seasoned Potato Wedges ½ c Whole Grain Bun 2 oz Fresh Grapes 1 c</p> <p>ALT = CBG RB</p>	<p>12</p> <p>*Beef Meatloaf 3 oz *Gravy 2 oz *Mashed Potatoes ½ c *Mixed Vegetables ½ c Whole Grain Dinner Roll 2 oz Banana</p> <p>ALT = CF TR</p>
<p>15</p> <p>*Stuffed Shells 2-2 oz *w/Sauce 2 oz *Zucchini ½ c *Glazed Carrots ½ c 2 Whole Grain Wheat Mixed Fruit ½ c</p> <p>ALT = CS RB</p>	<p>16</p> <p>*Chicken and Gravy 3 oz W.G. Biscuit 2 oz *Brussels Sprouts ½ c *Green Peas ½ c Applesauce ½ c</p> <p>ALT = CBG T</p>	<p>17</p> <p>*Sloppy Joe 3 oz *Sweet Potatoes ½ c *California Blend ½ c Whole Grain Dinner Roll 2 oz Pineapple Chunks ½ c</p> <p>ALT = CF RB</p>	<p>18</p> <p>*BBQ Chicken Breast 3 oz *Macaroni and Cheese ½ c *Red Cabbage ½ c *Green beans ½ c Whole Grain Corn Muffin 1 oz Mixed Fruit ½ c</p> <p>ALT = CBG TR</p>	<p>Juneteenth</p> <p>Site Closed</p>
<p>22</p> <p>*Beef Lasagna 6 oz *Antiqua Blend ½ c *Cauliflower, ½ c Whole Grain Garlic Toast 2 oz Mandarin Oranges ½ c</p> <p>ALT = CS T</p>	<p>23</p> <p>*Chicken Cordon Bleu 6 oz *Mashed Potatoes ½ c w gravy *Carrot Coins ½ c Whole Grain Dinner Roll, 2 oz Fresh Orange</p> <p>ALT = CBG RB</p>	<p>24</p> <p>*Tuna Salad 3 oz *3 Bean Salad ½ c *Coleslaw ½ c Whole Grain Bun, 2 oz Fresh Fruit Salad 1 c</p> <p>ALT=CF RB</p>	<p>25</p> <p>*Meatballs 3-1 oz W. G. Sub Roll 2 oz Marinara Sauce 2 oz *California Blend ½ c Roasted Potato Wedges ½ c Peaches ½ c</p> <p>ALT = CBG TR</p>	<p>26</p> <p>*Chicken Stir Fry 3 oz *Brown Rice ½ c *Oriental Blend ½ c *Peppers and Onions ½ c 1 Whole Grain White Fresh Plum</p> <p>ALT=CF RB</p>
<p>29</p> <p>*Salisbury Steak 3 oz *Mashed Potatoes ½ c *Gravy 2 oz, *Mushrooms ½ c Whole Grain Dinner Roll Fresh Orange</p> <p>ALT=CS TR</p>	<p>30</p> <p>*Chicken Patty 3 oz Mayo 1 PC *Lima Beans ½ c *Red Cabbage ½ c Whole Grain Bun 2 oz Applesauce ½ c</p> <p>ALT= CBG RB</p>	<p>Menu Approved By:</p> <p><i>Ann Stahlheber MS, RDN, LD</i></p>		<p>Choice of: 1% Milk, Buttermilk, or Calcium Fortified Juice *Take Temperature of Milk and all food preceded by an asterisk</p>

Western Reserve Area Agency on Aging - 2026

Default Alternate Menu choices are shown at the bottom of each daily menu: "T" = Tuna, "TR" = Turkey, "RB" = Roast Beef, "V" = Cheese
ALT CS=Chicken Salad w/Croissant, ALT CBG = Spring Lettuce Salad w/Chicken Breast, ALT CF = Chef Salad W Lettuce, Ham, Egg, Cheese

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