# LaGrange | Sheffield Village | Wellington | Lorain



## **Mobile Seniors Program - April 2024**

Neighborhood Alliance Mobile Senior Program is open to ALL OLDER ADULTS. Offering socialization, activities, medical screening, healthy lunches, and supportive services to meet individual needs. Supportive service staff is on hand to meet needs such as benefits assistance, rent and/or utility assistance, or helping set up other community resources.



**EVERY TUESDAY LCCC Wellington Center** 

151 Commerce Drive, Wellington



EVERY WEDNESDAY
Village of LaGrange Hall

301 Liberty Street, LaGrange



**EVERY OTHER WEEK**Wesleyan Meadows

5400 Meadow Ln Ct., Sheffield Village



EVERY WEEK <u>10am to 2pm</u> Lorain Senior Center 3361 Garfield Blvd, Lorain

Starting at 10am

FREE AND OPEN TO ALL OLDER ADULTS





SUN	MON	TUE	WED	THU	FRI	SAT	
F	APRIL TO OL'S 1	2	3	4	5	6	
7	8	9	10	11	12	13	
14	15	16	17	18	19	20	
21	22	23	24	25	26	27	
28	29	30				/	

### **Total Solar Eclipse**

**April 8th t**ime range in our general area 3:08pm to 3:19pm



More details on back



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Child Enrichment Services
Family Support Services
Senior Enrichment Services
Shelter and Emergency Servic

#### Open to ALL Seniors Questions: 440.233.8768 Press #2

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10:00 Coffee & Gathering

11:30 Bingo w/ Prizes or Exercise

12:30 Lunch

Neighborhood

1:00 Games/ Crafts

1:00 UCAN Assistance with Rent

and Utilities for 60 and over





### Lorain

at Lorain Senior Center 3361 Garfield Blvd. Lorain Featured Programming

#### April 4

10:30 Guest Speaker

Dementia Friendly Life

#### April 11

10:30 Keystone Pointe
Skilled Nursing and Chair
Exercises

#### April 18

\* Lunch provided by Oakhill

\*Ashley w/ BP/Glucose Screenings

#### April 25

10:30 Guest Speaker -Well Spring Health Ctr.



## Wellington

at LCCC Wellington 151 Commerce Drive

Featured Programming

#### April 2

10:30 Guest Speaker Well Spring Health Ctr.

#### April 9

10:30 GAME Family Fued

#### April 16

10:30 Gardening Crafts - Pinecone Birdfeeders

#### April 23

10:30 Keystone Pointe Skilled Nursing and Chair Exercises

#### April 30

Game - Jeopardy Trivia

### LaGrange

at Village of LaGrange Hall 301 Liberty St. LaGrange

Featured Programming

#### April 3

10:30 Keystone Pointe Skilled Nursing and Chair Exercises

#### April 10

**10:30 -** Arts/Crafts

Paint Planters

#### April 17

10:30 Gardening -Vegetable Plants

April 24

10:30 Game - Charades

## **Sheffield Village**

# Featured Programming April 1

10:30 Guest Speaker Landmark Home and Community Care at Wesleyan Meadows 5400 Meadow Ln Ct

#### April 15

10:30 Gardening -Vegetable Plants



Bi-Weekl









Learn More: www.MyNeighborhoodAlliance.org