



DONATE FOOD, CHANGE LIVES

Donate non-perishables for our childrens' programs.

- ✓ Whole grain pastas or rolled oats
- ✓ Whole grain, low sugar cereals
single serving boxes if possible
- ✓ Canned peaches or pears in 100% juice
bulk size cans preferred.
- ✓ No sodium canned beans, peas or tomatoes
bulk size cans preferred.
- ✓ Reduced sodium, low sugar pasta sauce
bulk size cans preferred.
- ✓ Canned chicken, tuna, or salmon in water
- ✓ No or low sodium chickpeas
bulk size cans preferred.
- ✓ Brown or wild rice, or quinoa
- ✓ Virgin olive, canola, or sesame oil
- ✓ Unsweetened applesauce
- ✓ Wow Butter (soy)

**Drop off donations
Monday - Friday**
between 9am to 4pm,
265 Washington Ave.,
in Elyria.
For questions call
440.233.8768.