## The Nutrition Group

## 2430 E. 28th St.

## Lorain, Ohio 44055

For Institutional use only. Keep refrigerated. Cook meals to a minimum internal temperature of 165°F and maintain at 140°F minimum.

## **SWEET AND SOUR MEAT BALLS**

INGREDIENTS: MEATBALLS: MECHANICALLY SEPARATED CHICKEN, BEEF, WATER, BREADCRUMBS (ENRICHED FLOUR [CONTAINING WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN AND FOLIC ACID], CORN CYRUP, SUGAR, VEGTABLE OIL, [ONE OR MORE OF THE FOLLOWING: SOYBEAN OIL, CANOLA OIL, AND/OR COTTON SEED OIL], YEAST, CONTAINS 2% LESS OF THE FOLLOWING: SALT SOY FLOUR, WHEY, SODIUM STEAROYL 2 LACTYLATE, CALCIUM PROPIONATE, SEASAME SEEDS, MAY CONTAIN SODIUM PHOSPHATE, POTASSIUM PHOSPHATE, FLAVORINGS) TEXTURED VEGATBLE PROTIEN (SOY FLOUR, CARAMEL COLOR,) SEASONING (SUGAR, SALT BLEND, [SALT POTASSIUM CHLORIDE], DEHYRADTED ONION AND GIRLIC, SPICES, YEAST EXTRACT, PARSLEY FLAKES, VEGTABLE OIL), ROMANO CHEESE ( PASTURIZED SHEEP'S MILK, CULTURES, RENNET, SALT) PARMESAN CHEESE ( COW'S MILK RENNET, SALT) EGGS, PARSLEY FLAKES., SWEET AND SOUR SAUCE: 14 LBS KETCHUP [TOMATO CONCENTRATE FROM RED RIPE TOMATOES, DISTILLED VINEGAR, HIGH FRUCTOSE CORN SYRUP, CORN SYRUP, SALT, SPICE, ONION POWDER, NATURAL FLAVORING], 3.5 LBS BROWN SUGAR, 3 CUPS WHITE DISTILLED VINEGAR [DISTILLED WHITE VINEGAR DILUTED WITH WATER TO 4% ACIDITY],4 LBS DICED GREEN PEPPERS, 12 LBS PINEAPPLE TIDBITS [PINEAPPLE, PINEAPPLE JUICE]). CONTAINS: MILK, EGG, WHEAT, SOY

[Type here]

NET WT.



