

**The Nutrition Group**

**2430 E. 28<sup>th</sup> St.**

**Lorain, Ohio 44055**

For Institutional use only. Keep refrigerated. Cook meals to a minimum internal temperature of 165°F and maintain at 140°F minimum.

## **Stuffed Cabbage**

INGREDIENTS: **GROUND BEEF, CABBAGE, LIQUID EGG:** WHOLE EGGS, WHEY, SKIM MILK, XANTHAN GUM, CITRIC ACID, 0.12% WATER ADDED AS A CARRIER FOR CITRIC ACID. **KETCHUP:** TOMATO CONCENTRATE FROM RED RIPE TOMATOES, DISTILLED VINEGAR, HIGH FRUCTOSE CORN SYRUP, CORN SYRUP, SALT, SPICE, ONION POWDER, NATURAL FLAVORING. **LONG GRAIN ENRICHED PARBOILED RICE:** LONG GRAIN PARBOILED RICE, IRON PHOSPHATE, NIACIN, THIAMINE MONONITRATE, FOLIC ACID. **DICED ONION, BREAD CRUMBS:** ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE [VITAMIN B1], RIBOFLAVIN [VITAMIN B2], FOLIC ACID), WATER, HIGH FRUCTOSE CORN SYRUP, YEAST, SALT, VEGETABLE OIL (SOYBEAN, COTTONSEED AND/OR CANOLA), SUGAR, MAY CONTAIN 2% OR LESS OF THE FOLLOWING: WHEAT GLUTEN, DEXTROSE, SOY FLOUR, WHEY, CALCIUM PROPIONATE (PRESERVATIVE), SODIUM STEAROYL LACTYLATE (DOUGH CONDITIONER), MONO-AND DIGLYCERIDES, SOY LECITHIN, MOLASSES, HONEY, WHOLE WHEAT FLOUR, CORN FLOUR, CORNMEAL, CITRIC ACID, GRAIN VINEGAR, WHEAT STARCH, CORN STARCH, POTATO FLOUR, RICE FLOUR, WHEAT BRAN, OAT FIBER, CALCIUM SULFATE, DATEM, POTASSIUM IODATE, GUAR GUM, CALCIUM PHOSPHATE, ENRICHMENT (VITAMIN E ACETATE, VITAMIN A PALMITATE, VITAMIN D3), LACTIC ACID, ASCORBIC ACID (DOUGH CONDITIONER), SPICE AND COLORING, NATURAL AND ARTIFICIAL FLAVOR, SESAME SEEDS, PARSLEY\*, GARLIC\*, SPICES, PARMESAN AND/OR ROMANO CHEESE (PASTEURIZED COW'S MILK AND/OR SHEEP'S MILK, CHEESE CULTURES, SALT, ENZYMES). \* DEHYDRATED. PEPPER, GRANULATED GARLIC, ONION POWDER.

**CONTAINS: WHEAT, SOY, MILK, EGG.**

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